





# SHAPING FAMILY DIGITAL LITERACY: INVESTIGATING PARENTAL MEDIATION PRACTICES OF YOUNG CHILDREN'S INTERNET AND DIGITAL TECHNOLOGIES USE

Lead Researcher: Dr. Nor Diana Mohd Mahudin (IIUM) Research Member: Dr. Nazariah Sharié Janon (IIUM)

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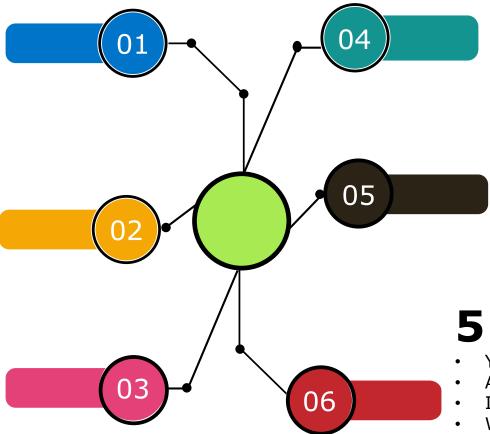


## Children

use digital technology younger and younger, but less research on them and their parents

**340** dual-career parents of child 0-6 years old

14 states



**3** months: Dec 20 – Feb 21

# 3-phase online survey

- Parental Mediation Practices Scale (Nikken & Jansz, 2013; Sonck, Nikken, & de Haan, 2013)
- Parental Attitudes about Media for Children Scale (Nikken, & Schols, 2015)

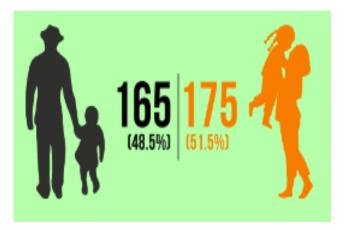
# 5 key findings

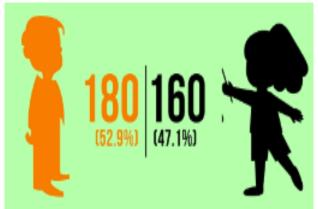
- Young children use Internet & devices a lot
- Active mediation: highest strategy used
- Importance of positive view of media
- Worry affects strategy used
- Mediation strategy depends on demographic characteristics.

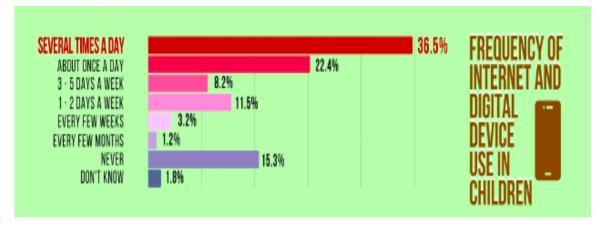


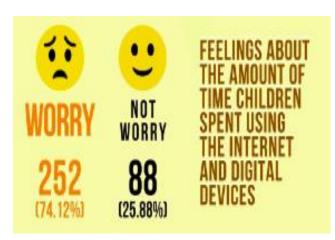


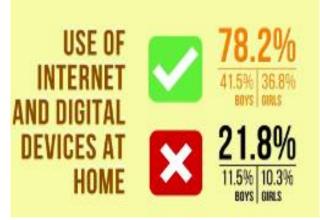


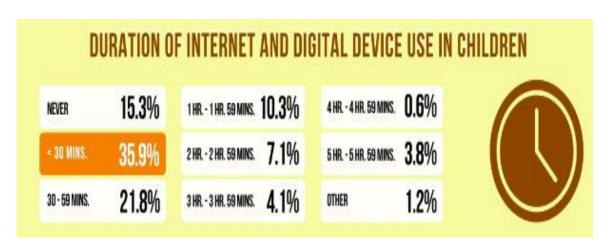


















How do parents manage and mediate young children's digital technology use?

Co-use
Restrictive
Mediation
Monitoring
Technical
Mediation
Active

Mediation

What factors determine the strategies that parents used?

Active Mediation	Media as Positive, Child's Age, Worry, Pacifier, Education, #Children
Restrictive Mediation	Media as Positive, Child's Age, Worry, #Children
Monitoring	Media as Positive, Child's Age, Worry, Parent's Gender
Co-use	Media as Positive, Parent's Gender
Technical Mediation	Media as Positive, Worry

#### **Policy**

- Enhance digital literacy skills of young children.
- Educate parents about mediation strategies, especially on technical mediation and co-use.

### **Industries & Developers**

- 'User-centric' approach: Positive content, consistent, clear, child-friendly, ageappropriate privacy settings, accessible, & robust reporting mechanisms.
- Multi-component, culturally-grounded family interventions.

#### -----Parents

- Communicate with young children about online experiences.
  - Mediate child's devices and Internet use regardless of the child's age or gender.
    - Consider the child's characteristics.



What can we do?

#### Research

 Qualitative and quantitative data to explore the why and how questions.

#### THANK YOU

## nordianamm@iium.edu.my

Department of Psychology International Islamic University Malaysia Tel: +603 6421 5147; Fax:+603 6421 5063

@beyondcommuting

